

ROAD WARRIOR SURVIVAL CHECKLIST

Your Essential Packing, Tech & Travel Tool Guide

🍌 Thanks for grabbing this freebie from TravelMode.Life! Whether you're a digital nomad, business traveler, or weekend jet-setter, this checklist was built to help you stay prepared, productive, and stress-free on on road. 🌿 Bookmark it. Print it. Pack like a pro. Let's make every trip smoother than ever!

PACKING ESSENTIALS

- Clothing (versatile, wrinkle-free)
- Toiletry bag
- Travel documents

📶 TECH & CONNECTIVITY

- Laptop + mouse/hadphones
- Smartphone + power bank
- Cloud storage setup
- SIM or eSIM card

✈️ AIRRORT & FLIGHT TIPS

- Arrive early for security
- Carry-on snacks & water
- Neck pillow/eye mask
- Noise-cancelling earbuds

♥️ MIND & PRODUCTIVITY

- Plan daily tasks
- Quick meditation breaks
- Limit screen time
- Set reminders & goals

✓ BONUS: TRAVEL TOOLS (clickable affiliate links)


- Carry-on backpack
- Packing cubes
- Flight/hotel search
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PACKING ESSENTIALS

- Backpack / carry-on
- Clothing & shoes
- Toiletries
- Travel pillow
- Travel documents
- Credit / debit cards
- Snacks
- Water bottle
- Medication
- Misc. accessories

AIRPORT & FLIGHT TIPS

- Check-in online
- Pack valuables in carry-on
- Know luggage rules
- Get to airport early
- Wear comfy clothing
- Have entertainment

TECH & CONNECTIVITY

- Laptop / tablet
- Phone / charger
- Headphones
- Travel adapter
- Power bank
- Cable organizer

HEALTH & WELLNESS

- Stretch / move often
- Stay hydrated
- Bring healthy snacks
- Wash hands frequently

MIND & PRODUCTIVITY

- Plan daily priorities
- Download media / apps
- Noise cancellation
- Relax / stay positive